



CREATE A LADYBIRD & LACEWING HOTEL



7-spot ladybird (*Coccinella 7-punctata*) © Jon Mold

Make your own ladybird and lacewing home. This simple and cheap method will provide your ladybirds and lacewings with a safe place to hibernate over the winter.

Ladybirds and lacewings are a gardener's friend feeding on aphids. Encouraging natural predators is a great way to keep a healthy balance in your garden without the need for pesticides or chemicals.

HOW TO MAKE IT

- **Prepare the bottle:** wash out an old recycled bottle and dry. Carefully cut the end off the bottle, smoothing any rough edges.
- **Spiral cardboard:** cut a large strip of cardboard, the same width of the bottle and roll into the bottle to create lots of crevices.

You will need:

- Recycled plastic bottle
- String
- Cardboard



- **Tie string:** around the top of the bottle.
- **Hang it:** at shoulder height, in a sunny and sheltered location and wait until autumn for the ladybirds and lacewings to use it!



Common lacewing (*Chrysopa perla*) © Jaybee www.phocus-on.co.uk

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